
We are pleased to invite you to take part in the seminar led by

Sylvie Lessard D.O.

PLAGOCEPHALY, TORTICOLLIS AND CRANIO-FACIAL ASYMMETRIES

To cover the ESSENTIAL information to optimize the results and quality of your osteopathic intervention

Course Description

TRAINING OBJECTIVES

- To recognize Non Synostotic Plagiocephaly (NSP)* and torticollis clinical signs (differential diagnosis), to understand the primary causes, risk factors and associated conditions;
- To assess evolution, develop competencies in anthropometry-plagiocephalometry and (digital calliper, new technology...);
- To promote interprofessional collaboration, provide information to the medical team and the parents, complement files with accurate measurements;
- To improve given care based on the treatment’s key factors and scientific review;
- To work on your palpation with specific techniques;
- To understand the 3D global reality of NSP and torticollis in relation with motor development.

*NSP: Non Synostotic Plagiocephaly

Recommended for:

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Location:
SICO Swiss International College of Osteopathy
Zinnenstrasse 7, 6353 Hertenstein (LU)

Time:
26. April: 9am – 5.30pm
27. April: 9am – 5.30pm
28. April: 9am – 4pm

Cost:
CHF 670.00
(Students get Fr. 50.- off)
Lunch is included

Inscription:
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phone: + 41 41 390 11 82

Inscription
First Name, Last Name
Address
Postal Code, City
Phone
E-mail

The prices are for one person and one night. Breakfast and dinner are included.

- single room, ensuite bathroom CHF 103.00
- single room, shared bathroom CHF 85.00
- I prefer vegetarian meals
- Additional dietary needs
- I arrive one day earlier

Date: __________________________ Signature: __________________________

Please return to
SICO Swiss International College of Osteopathy, Zinnenstrasse 7, 6353 Hertenstein
Information about the course:

In 2016, more and more parents consult osteopaths for their infants presenting with plagiocephaly and other cranial asymmetries. As the opportunity to achieve a maximum recovery decreases with time, we face the challenge to encourage the best results with as few interventions as possible (to be cost effective). In other words, we must establish a treatment plan (the nature and interval of treatment) including parent’s collaboration at home with awareness to medical referrals when appropriate. This workshop offers the opportunity to develop basic competencies in anthropometric measurements and improve given care based on the treatment’s key factors and literature.

Accurate measurements will facilitate early diagnosis and keeping track of cranial asymmetries evolution should be of great help in your everyday clinical management. It will ease monitoring the progress in your file, facilitate communication with the medical team and guide decision making through an objective regard of the global condition. Measurements will also provide you with great insight to share information with parents.

Join us in anthropometric measurements! Every participant will get the opportunity to develop basic clinical competencies in anthropometric measurements for plagiocephaly (transcranial diagonal) and for brachycephaly or dolichocephaly (cephalic index). Literature defines the transcranial diagonal as the gold standard for quantifying the degree of asymmetry (Looman 2012). Mortenson and Steinbok have established strong intrarater reliability for anthropometric measurements and a moderate interrater reliability (2006).

You will study severity assessment scales and measurement tools usable in paediatric osteopath clinical reality. We will also suggest combining both anthropometric measurements and digital photographs in a holistic assessment to support your data with visual references and document your medical reports (Looman 2012, Schaaf and al., 2010). This workshop will cover some of the most known information to optimize the quality of the given care.

Literature facts clinically relevant to our practice and key factors for optimal treatment will provide you an update on this condition to be shared in your daily interventions. Finally you will be invited to work on your palpation and bring back home our “best of” techniques to improve your results.

We believe that cranial asymmetries are the consequences of so many forces applied to the whole infant before, during and after birth and therefore we emphasize the need to treat the infant in its globality. But we also strongly recommend the use of measurements to support your treatment plan and promote optimal cares.

Biography:
Sylvie graduated in 2007 from the Collège d’Études Ostéopathiques de Montréal (CEO) and has a Bachelor’s degree from Laval University (Quebec) in physiotherapy (2000). She was awarded the William Garner Sutherland price of CEO for the most representative clinical research for osteopathic advancement, the Andrew Taylor Still price (2014) and named after the « Compagnon de l’Ostéopathie » (2015).

Sylvie developed an interprofessional collaborative network with physicians while working in her pediatric clinic in Quebec City.
